### Paramedic Refresher Requirements

You may complete continuing education equivalent to a Refresher Course if one is not required by your state. You may count education received in lectures, standardized courses (such as ABLS, ACLS, EMPACT, PEPP, PALS, PHTLS, ITLS, etc.), college courses, in service training, case reviews, conferences, etc. Up to 10 hours of the refresher training can be by Distributive Education (online, video or magazine-based).

You must ensure that you cover every topic within the four divisions of the mandatory core content. You must also cover each of the five divisions of the flexible core content; however, you are not required to cover each topic.

#### Mandatory Core Content

<table>
<thead>
<tr>
<th>Category</th>
<th>Hours</th>
<th>Topics</th>
</tr>
</thead>
<tbody>
<tr>
<td>Airway, Breathing and Cardiology</td>
<td>8</td>
<td>• Assess and provide care for a patient with cardiac arrest&lt;br&gt;• Provide ventilatory support for a patient&lt;br&gt;• Provide care to a patient experiencing cardiovascular compromise&lt;br&gt;• Provide post resuscitation care to a cardiac arrest patient</td>
</tr>
<tr>
<td>Medical Emergencies</td>
<td>3</td>
<td>• Assess and provide care to a patient experiencing an allergic reaction&lt;br&gt;• Provide care to a patient with possible overdose&lt;br&gt;• Provide care to a patient with a near-drowning patient</td>
</tr>
<tr>
<td>Trauma</td>
<td>5</td>
<td>• Perform a rapid trauma assessment&lt;br&gt;• Assess a patient with a head injury&lt;br&gt;• Assess and provide care to a patient with suspected spinal injury&lt;br&gt;• Provide care to a patient with a chest injury&lt;br&gt;• Provide care to a patient with an open abdominal injury&lt;br&gt;• Provide care to a patient with shock/hypoperfusion</td>
</tr>
<tr>
<td>Obstetrics and Pediatrics</td>
<td>8</td>
<td>• Assess and provide care to an infant or child with cardiac arrest&lt;br&gt;• Assess and provide care to an infant or child with respiratory distress&lt;br&gt;• Assess and provide care to an infant or child with shock/hypoperfusion&lt;br&gt;• Assess and provide care to an infant or child with trauma</td>
</tr>
</tbody>
</table>

#### Flexible Core Content

<table>
<thead>
<tr>
<th>Category</th>
<th>Hours</th>
<th>Topics</th>
</tr>
</thead>
<tbody>
<tr>
<td>Airway, Breathing and Cardiology</td>
<td>8</td>
<td>• Assess and provide care for respiratory distress in an adult patient&lt;br&gt;• Use oxygen delivery system components&lt;br&gt;• Perform techniques to assure a patent airway&lt;br&gt;• Assess and provide care to a patient experiencing non-traumatic chest pain/discomfort</td>
</tr>
<tr>
<td>Medical Emergencies</td>
<td>5</td>
<td>• Assess and provide care to a patient with an altered mental status&lt;br&gt;• Assess and provide care to a patient with a history of diabetes&lt;br&gt;• Assess and provide care to a patient experiencing a seizure&lt;br&gt;• Assess and provide care to a patient exposed to heat or cold&lt;br&gt;• Assess and provide care to a patient experiencing a behavioral problem&lt;br&gt;• Assess and provide care to a patient with suspected communicable disease</td>
</tr>
<tr>
<td>Trauma</td>
<td>1</td>
<td>• Provide care to a patient with a painful, swollen, deformed extremity&lt;br&gt;• Assess and provide care to a patient with burn injury</td>
</tr>
<tr>
<td>Obstetrics and Pediatrics</td>
<td>8</td>
<td>• Assess and provide care to an infant or child with suspected abuse or neglect&lt;br&gt;• Assess and provide care to an infant or child with a fever&lt;br&gt;• Assess and provide care for an obstetric patient&lt;br&gt;• Provide care to a newborn&lt;br&gt;• Provide care to a mother immediately following delivery of a newborn</td>
</tr>
<tr>
<td>Operational Tasks</td>
<td>2</td>
<td>• Use body mechanics when lifting and moving a patient&lt;br&gt;• Communicate with a patient while providing care</td>
</tr>
</tbody>
</table>

24 hours

---

The Nation's EMS Certification™

Nationally Registered

PARAMEDIC

(NRP)

How to Maintain Your National EMS Certification

Recertification Requirements

---

National Registry of Emergency Medical Technicians®

6610 Busch Blvd.

Columbus, OH 43229

614/888-4484

www.nremt.org

The Nation’s EMS Certification™

Revised 10/2012
To Apply for Recertification You Need to:

1. Be actively working within an emergency medical service, rescue service, or patient health care facility using your Paramedic skills.

If you wish to request Inactive Status and this is your first recertification, you must provide documentation that you have worked in a patient care setting for at least six months.

2. Complete all recertification requirements.

3. Demonstrate continued cognitive competency through continuing education or examination.

4. Submit your completed recertification application prior to March 31 (of the year your certification expires).

Continuing Education Options

Complete a total of 72 hours of education including:

• Completion of an approved National Scope of Practice Paramedic Refresher Course OR Continuing Education

• Completion of an approved 48 hour National Scope of Practice Paramedic Refresher or CECBEMS approved education program and maintaining compliance at all times. The NREMT considers individuals to be solely responsible for their certification. Individuals must notify the NREMT within 30 days of change of mailing address. Changing of mailing address can be made via our website: www.nremt.org. Individuals must notify the NREMT within 30 days of any felony convictions. Individuals must notify the NREMT within 30 days of any disciplinary action taken by any state that has resulted in the following:

• Suspension, revocation, or expiration of state registration/license

• Termination of right to practice

• Voluntary surrender of state registration/license while under investigation

The Paramedic refresher course can be completed through two different options:

1. Traditional refresher option

2. Paramedic refresher may be completed by continuing education^ and must include both mandatory and elective content. See the reverse side for more information.

The following are maximum hours per course that can be applied towards Additional EMS Related Continuing Education hours:

• A maximum number of 12 hours can be applied from each one topic area

• A maximum number of 12 hours can be applied from each of the following courses: ABLS, ACLS, AMLS, EPC, PEPP, PHTLS, PHTLS, etc. and teaching EMS courses

• A maximum number of 12 hours can be applied from each of the following courses: Teaching CPR - Emergency Driving • Dispatch Training

Submissions of approved CPR certificate for the professional rescuer. Credential must be current and valid.

Submission of approved ACLS equivalent to current AHA Guidelines for CPR and ECC. Credential must be current through March 31. Verification may be in the form of an instructor’s signature on the recertification application or copies of both sides of a current card.

To obtain locations for continuing education, contact your state EMS office or local EMS training center.

* A maximum number of 12 hours can be applied from Distributive Education (online, video, or magazine-based) towards this section and must be either state approved or CECBEMS approved.

** Some states require the traditional refresher course and will not accept continuing education hours. Please refer to your state’s particular requirements.

If your employer requires you to maintain National Registry certification you must submit recertification materials to the NREMT by February 15 of the year your certification expires.

Recertification Application Options

Once you have completed the continuing education requirements indicated in this brochure, you can recertify in the following ways:

1. Log in to your NREMT account and use the online recertification process OR

2. Complete the recertification form you will receive in the mail OR

3. Download and complete a recertification form from the NREMT website.

NOTE: A total of 72 hours of EMS education is required to recertify.

Lapsed Certification

If your National EMS Certification has lapsed within a two-year period, or you are currently state licensed as an EMT-Paramedic/Paramedic you must:

1. document successful completion of a state-approved 48 hour EMT-Paramedic/Paramedic Refresher or CECBEMS approved education program covering the mandatory and flexible topics specified

2. Completion of 24 hours of additional continuing education related education an outlined in program

3. Pay the $20 non-refundable application processing fee at the time of submission of documentation

All continuing education hours, to include the refresher, must be completed within the current recertification cycle. Education completed prior to your previous March 31 expiration date will NOT be accepted if this is your first recertification, but if you completed the recertification completed after the date of the initial registration will be accepted. See chart for specific recertification requirements.

5. Maintain skills as verified by your Physician Medical Director. (Requires original or electronic signature on your recertification application validating competency of skills)

6. Obtain CPR certification at the appropriate level.

Failure to submit documentation when required will result in denial of eligibility to recertify.

Exam Option

Recertification by examination option enables you to demonstrate continued cognitive competency without requiring you to document your continuing education.

Log in to your NREMT account. Complete a recertification by examination application and pay the exam fee. Be sure you are completing the recertification application (and not the initial certification application) if you

• After 24-48 hours, go to the NREMT website, log in to your account and print your Authorization to Test (ATT) letter.

Follow the directions on the letter to schedule your exam.

• Take and pass the exam by March 31 (of your year your certification expires). You may make one attempt to demonstrate cognitive competency by taking an exam (in lieu of documenting continuing education). You will receive an abbreviated recertification application upon successful completion of the exam.

1. Document successful completion of a state-approved 48 hour EMT-Paramedic/Paramedic Refresher or CECBEMS approved education program

2. Complete an online application and pay the application fee

The following are maximum hours per course that can be applied towards Additional EMS Related Continuing Education hours:

• A maximum number of 12 hours can be applied from each one topic area

• Hour for hour credit can be applied from each of the following courses: ABLS, ACLS, AMLS, EPC, PEPP, PHTLS, PHTLS, etc. and teaching EMS courses

• A maximum number of 12 hours can be applied from each of the following courses: Teaching CPR - Emergency Driving • Dispatch Training

The Paramedic refresher course can be completed through two different options:

NOTE: A total of 72 hours of EMS education is required to recertify.